Look, listen & be seen

Be a safe pedestrian



Road safety smarts start with you. With school back in session, here are 10 helpful tips.



Map it out. Plan your walking route with your parents before you go. Review street names and





Road rules. Learn traffic signs and their meaning. Practice following the rules all the time.



Set a good example. Never run across the street. Where possible, cross at intersections with a pedestrian crossing light or marked crosswalk.



Look – both ways. Make sure all vehicles have stopped before crossing the road. Make eye contact with drivers before crossing, even when you have a walk signal.

Listen. Put away all electronic gadgets and ear buds while you're walking. You can hear approaching traffic that may be hard to see.



Be seen. Wear bright clothes and/or reflective gear, especially at night and in poor weather.



Railway crossings. Only cross railway tracks at designated signals or signs and watch your step. Don't play around or on railways.



Parked vehicles. Avoid shortcuts through parking lots or around parked cars. It's harder for people to see you and for you to see them.



More Tips:

Crossing basics: Stop at the curb. Look left and right for oncoming vehicles, then look left again before you step off the curb. Also, look for vehicles that might be turning. When the intersection is clear, start crossing and keep looking for approaching vehicles.

Sidewalk/no sidewalk: Walk on the inside edge of the sidewalk away from the road, so you're further away from traffic. If there isn't a sidewalk where you are, walk facing oncoming traffic so you can see approaching vehicles and make eye contact with drivers. Also remember to walk single file.

These 10 tips will help you make safe choices as a pedestrian.